

# New York State WIC Program - Minimum Stock Requirement

Effective December 2020

Grocery Stores

Food Item	Type*/Brand	Size	Minimum Stock
Milk	Whole Milk	Gallon	3 Gallons
		Quarts OR Half Gallon	4 Quarts OR 2 Half Gallons
	1% Low fat or Nonfat/Skim	Gallon	5 Gallons
		Quarts OR Half Gallon	4 Quarts OR 2 Half Gallons
Cheese	Cheddar, Colby, Pasteurized Process American, Monterey Jack, Mozzarella, Swiss, Muenster, Provolone, blends of these cheeses	8 oz. or 16 oz.	6 total pounds 2 Types
Eggs	Medium, Large	1 Dozen Carton	8 - 1 Dozen
Juice	Shelf-Stable Concentrate	11.5 oz.	6 Containers - 2 Varieties <sup>†</sup>
	Frozen Concentrate	11.5-12 oz.	
	Single Strength	64 oz.	10 Containers - 2 Varieties
	Frozen Concentrate	16 oz.	
Breakfast Cereal (Including Hot Cereal)	WIC Approved Cereal Brands and Types <b>(see WIC Acceptable Foods Card)</b>	12-36 oz.	12 Boxes - 3 Types (Corn, Wheat, Oat, Rice, Multi-Grain)
Whole Grains	Whole Grain Bread	16 oz.	12 Packages - 2 Types
	Brown Rice	14-16 oz. or 28-32 oz.	
	Whole Grain Tortillas	16 oz.	
	Whole Wheat Pasta	16 oz.	
Dry Beans, Peas, Lentils	Dried Beans/Peas/Lentils	16 oz.	5 Packages
Canned Beans	<b>(see WIC Acceptable Foods Card)</b>	15-16 oz.	12 Cans - 2 Varieties
Peanut Butter	<b>(see WIC Acceptable Foods Card)</b>	16-18 oz.	5 Jars
Canned Fish	Tuna	5 or 6 oz.	12 Cans - 1 Type
	Pink Salmon	5, 6 or 7.5 oz.	
	Sardines	3.75 oz.	
Vegetables & Fruits <b>(\$30 total value)</b>	Vegetables	Fresh, Frozen, Canned	3 Varieties - <b>1 must be Fresh</b>
	Fruits	Fresh, Frozen, Canned	3 Varieties - <b>1 must be Fresh</b>
Infant Cereal	Gerber Dry Cereal	8 oz.	6 Containers
Baby Food (Vegetables & Fruits)	Single or Combination Vegetables	4 oz.	35 containers - 2 Varieties of each Type
	Single or Combination Fruits		
Infant Formula <b>(Concentrate or Powder)</b>	Enfamil Infant Concentrate	13 oz.	24 Cans
	Enfamil Infant Powder	12.5 oz.	12 Cans

\*Type - anything that is listed in the "Type" column. <sup>†</sup>Variety - An assortment or flavor within each Type.

***This institution is an equal opportunity provider.***