

**NYS WIC PROGRAM
Regional Food/Formula Check Averages - Western Region**

Regional averages are based on prior month redemptions and therefore fluctuate month to month.

Common WIC Checks		Western
Food or Formula	Food/Formula Description	Average Paid Amount March 2015
Food	1 \$8.00 Fresh/Frozen/Canned Vegetables and/or Fruit	\$7.57
Food	1 Gallon Nonfat or 1% LowFat Milk	\$3.10
Food	Up to 36-Ounce WIC Cereal 1 Pound Dried Beans/Peas	\$9.04
Food	Up to 36-Ounce WIC Cereal 1 16-18 Ounce Peanut Butter	\$9.68
Food	1 Gallon Nonfat or 1%LowFat Milk 1 64-Ounce Container or 16 oz Concentrated WIC Juice_ 1 16-Ounce WIC Bread	\$8.89
Food	1 \$10.00 Fresh/Frozen/Canned Vegetables and/or Fruit	\$9.35
Food	1 Gallon Nonfat or 1%LowFat Milk 1 11.5-12 Ounce Concentrate WIC_Juice	\$5.34
Food	1 Quart Nonfat or 1% LowFat Milk	\$1.21
Food	1 Gallon Whole Milk	\$3.18
Food	1 16-Ounce WIC Cheese 1 Dozen Eggs 1 Gallon + 1 Quart Nonfat or 1% LowFat Milk 1 64-Ounce Container or 16 oz Concentrate WIC Juice_ 1 16-Ounce WIC Bread	\$18.01
Food	1 16-Ounce WIC Cheese 1 Dozen Eggs 1 Gallon Nonfat or 1% LowFat Milk 1 64-Ounce Container or 16 oz Concentrate WIC Juice_ 1 16-Ounce WIC Bread	\$16.47
Food	1 Gallon Whole Milk 1 64-Ounce Container or 16 oz Concentrated WIC Juice_ 1 16-Ounce WIC Bread	\$8.93
Food	11 4-Ounces Containers WIC Baby Food Veg. &/or Fruits 1 8-Ounce Gerber Cereal for Baby	\$9.21
Food	Up to 36-Ounce WIC Cereal 1 16-18 Ounce Peanut Butter 1 Pound Dry Beans/Peas/Lentils	\$11.24
Food	8 4-Ounces Containers WIC Baby Food Veg. &/or Fruits 1 8-Ounce Gerber Cereal for Baby	\$7.21
Food	1 Half Gallon FatFree or 1%LowFat Lactose Free or Reduced Milk (half gallon)	\$3.94

NYS Counties included in the Western Region:

Allegany
Cattaraugus
Chautauqua
Chemung
Erie
Genesee
Livingston
Monroe
Niagara
Ontario
Orleans
Schuyler
Seneca
Steuben
Wayne
Wyoming
Yates

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Food	1 \$8.00 Fresh/Frozen/Canned Vegetables and/or Fruit 1 \$4.00 Fresh/Frozen/Canned Vegetables and/or Fruit NYS Enhanced Veg/Fruit Benefit	\$11.35
Food	10 4-Ounces Containers WIC Baby Food Veg. &/or Fruits 1 8-Ounce Gerber Cereal for Baby	\$8.60
Food	1 16-Ounce WIC Cheese 1 Dozen Eggs 1 Gallon + 1 Quart Whole Milk 1 64-Ounce Container or 16 oz Concentrate WIC Juice_ 1 16-Ounce WIC Bread	\$18.19
Food	2 Half Gallon FatFree or 1%LowFat Lactose Free or Reduced Milk	\$7.86
Food	1 16-Ounce WIC Cheese 1 Dozen Eggs 2 Gallon Nonfat or 1% LowFat Milk 1 16-Ounce WIC Bread 1 11.5-12-Ounce Concentrate WIC_Juice	\$18.75
Food	1 16-Ounce WIC Cheese 1 Dozen Eggs 1 Gallon Whole Milk 1 64-Ounce Container or 16 oz Concentrate WIC Juice_ 1 16-Ounce WIC Bread	\$16.69
Food	1 Gallon + 1 Half Gallon + 1 Quart Nonfat or 1% LowFat Milk 1 11.5 Ounce Concentrate WIC_Juice	\$8.27
Food	Up to 36-Ounce WIC Cereal 2 Pound Dried Beans/Peas	\$10.64
Food	5 4-Ounces Containers WIC Baby Food Veg. &/or Fruits	\$3.18
Food	1 64-Ounce Container or 16 oz Concentrate WIC Juice_ 2 Half Gallons FatFree or 1% LowFat Lactose Free or Reduced Milk 1 16-Ounce WIC Bread	\$13.38
Food	1 16-Ounce WIC Cheese 1 Dozen Eggs 1 Gallon + 1 Quart Nonfat or 1% LowFat Milk 1 11.5-12-Ounce Concentrate WIC_Juice	\$14.49
Food	1 16-Ounce WIC Cheese 1 Dozen Eggs 1 Gallon Nonfat or 1% LowFat Milk 1 11.5-12-Ounce Concentrate WIC_Juice	\$12.94
Food	1 \$10.00 Fresh/Frozen/Canned Vegetables and/or Fruit 1 \$4.00 Fresh/Frozen/Canned Vegetables and/or Fruit NYS Enhanced Veg/Fruit Benefit	\$13.21
Food	Up to 18-Ounce WIC Cereal 1 16-18 Ounce Peanut Butter	\$6.33

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Food	1 Dozen Eggs 2 Gallon Nonfat or 1%LowFat Milk 1 64-Ounce Container or 16 oz Concentrated WIC Juice_ 1 16-Ounce WIC Bread	\$14.26
Food	Up to 36-Ounce WIC Cereal 2 16-18 Ounce Peanut Butter	\$11.92
Food	1 Dozen Eggs 2 Gallon Whole Milk 1 64-Ounce Container or 16 oz Concentrated WIC Juice_ 1 16-Ounce WIC Bread	\$14.12
Food	Up to 36-Ounce WIC Cereal 1 16-18 Ounce Peanut Butter 1 30-Ounce Tuna	\$17.87
Food	2 Gallon Nonfat or 1% LowFat Milk 1 11.5-12-Ounce Concentrate WIC Juice	\$8.33
Formula	2 12.5-Ounce Powder Enfamil Infant	\$32.20
Formula	1 12.5-Ounce Powder Enfamil Infant	\$16.07
Formula	3 12.5-Ounce Powder Enfamil Infant	\$48.32
Formula	2 12.4-Ounce Powder Enfamil Gentlease	\$34.08
Formula	3 12.4-Ounce Powder Enfamil Gentlease	\$51.11
Formula	1 12.4-Ounce Powder Enfamil Gentlease	\$17.02
Formula	8 13-Ounce Concentrated Enfamil Infant	\$39.98
Formula	1 12.9 Ounce Powder Enfamil ProSobee	\$17.91
Formula	6 13-Ounce Concentrated Enfamil Infant	\$29.94
Formula	5 13-Ounce Concentrated Enfamil Infant	\$25.03
Formula	2 12.9 Ounce Powder Enfamil ProSobee	\$35.78
Formula	4 12.5-Ounce Powder Enfamil Infant	\$64.49
Formula	10 13-Ounce Concentrated Enfamil Infant	\$49.92
Formula	2 16 Ounce Powder Similac Expert Care Alimentum	\$58.99
Formula	11 13-Ounce Concentrated Enfamil Infant	\$54.77
Formula	2 12.6 Ounces Powder Nutramigen with Enflora LGG	\$50.75
Formula	3 12.6 Ounces Powder Nutramigen with Enflora LGG	\$76.34
Formula	2 12.9 Ounces Powder Enfamil AR	\$34.25
Formula	3 6-Pack 8ozs Ready-to-Feed Pediasure (Any Flavor)	\$33.21
Formula	3 12.9 Ounce Powder Enfamil ProSobee	\$53.74
Formula	2 13.1-Ounce Powder Similac Expert Care NeoSure	\$35.50
Formula	1 16 Ounce Powder Similac Expert Care Alimentum	\$29.35
Formula	3 13.1-Ounce Powder Similac Expert Care NeoSure	\$52.97
Formula	2 6-Pack 8ozs Ready-to-Feed Pediasure (Any Flavor)	\$22.13
Formula	3 14.1-Ounce Powder Neocate Infant with DHA & ARA	\$129.22
Formula	1 12.9 Ounces Powder Enfamil AR	\$17.16
Formula	3 12.9 Ounces Powder Enfamil AR	\$51.28
Formula	1 12.6 Ounces Powder Nutramigen with Enflora LGG	\$25.34
Formula	4 12.4-Ounce Powder Enfamil Gentlease	\$68.06
Formula	6 6-Pack 8ozs Ready-to-Feed Pediasure (Any Flavor)	\$66.73
Formula	4 6-Pack 8ozs Ready-to-Feed Pediasure (Any Flavor)	\$44.23
Formula	5 6-Pack 8ozs Ready-to-Feed Pediasure (Any Flavor)	\$55.93
Formula	3 16 Ounce Powder Similac Expert Care Alimentum	\$89.64
Formula	4 12.6 Ounces Powder Nutramigen with Enflora LGG	\$101.89
Formula	2 12.8 Ounce Powder with Iron ENFACARE	\$35.00
Formula	2 14.1-Ounces Powder EleCare with DHA & ARA	\$98.61

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Formula	3 12.8 Ounce Powder with Iron ENFACARE	\$53.03
Formula	4 12.9 Ounce Powder Enfamil ProSobee	\$71.49
Formula	4 12.8 Ounce Powder with Iron ENFACARE	\$70.20